

## **ENGLISH TREKKING WEEK 1**

The E5 from Verona to Valsugana 23-30 June 2012

**alpha beta piccadilly** is organising a one-week mountain trek where only English will be spoken, giving participants the opportunity to discover the wonderful mountains of the Monti Lessini, just north of Verona, together with Monte Pasubio and the altopiano of Lavarone/Lusern. This is part of the E5 path from Lake Constance to Verona, but we will be doing part of it, from south to north. This route is interesting for the flowers, the very diverse landscapes, the linguistic history, the old pilgrims' paths and the absurdity of war.

The Participants: There will be 8-10 participants (all over 18), who are physically fit and have experience of long walks in the mountains (about 5-7 hours per day). No climbing experience is necessary. A B1 level of English is required.

The Linguistic Component: The group will be accompanied by Pete, an experienced teacher at **alpha beta piccadilly**, who also has extensive experience of mountain walking/climbing. Pete will accompany the group, but is not a mountain guide. Each person is responsible for his/her own safety. Pete will speak only in English throughout the week, will explain the flora and the fauna in English, will organise games/activities in the evenings and of course correct language mistakes. The participants must agree to use only English during the whole week.

The itinerary: Set off from Bolzano/Bozen by train to Verona very early on Saturday 23 June. By city bus to the northern suburb of Avesa.

Suggested walk (subject to change)

Day 1 Avesa – Erbezzo

Day 2 Erbezzo – Giazza/Ljetzan

Day 3 Giazza/Ljetzan – Pian delle Fugazze

Day 4 Pian delle Fugazze – Rifugio Lancia

Day 5 Rifugio Lancia – Passo Coe

Day 6 Passo Coe – Luserna/Lusern

Day 7 Luserna/Lusern – Levico Return to BZ by train

Accommodation: In simple mountain hotels, one or two nights in a refuge.

Equipment: Good walking boots, clothing for high alpine walks (+ waterproofs), and picnic food for lunch each day.

Meeting: A meeting (in English, of course) will be held on a Friday evening in May at **alpha beta piccadilly** in Bozen/Bolzano to go over the details of the trek. Participants are expected to take part but obviously if they live too far away and they cannot come, they will be notified about the outcome of the meeting.

Cost: The cost is €170 and covers linguistic accompaniment by Pete.

Not included: Accommodation + food (allow about € 50-60/day for bed, breakfast and dinner), transport (train Bz-Vr, train Levico-Bz)

Enrolment: If you are interested, fill in the enrolment form and send it to our office in Bozen/Bolzano, with evidence of bank transfer payment. You will receive confirmation within 2 weeks.

A detailed description of this walk is given by Gianni Bodini in his book:

Dem Norden entgegen Tappeiner Verlag (in German)

Da Verona a Merano Tappeiner Editore (in Italian)